

Waukesha County Nutrition Coalition Minutes

August 23, 2022

Attendance: *Katie Riemenschneider- Aging and Disability Resource Center; Michael Egly - Food Pantry of Waukesha County; Elizabeth Sheehan- Community Smiles Dental; Olivia Langby & Paula Mason- Waukesha Public Library; Lisa Topp- WIC; Katy Maas & Jill Herz- Waukesha County UW-Madison Extension; Judith Amorsen- Eras Senior Network; Judy Wachowiak- Eagle's Wing Free Clinic; Rosa Zibell- Waukesha Free Clinic.*

Tour of Waukesha Free Clinic- Rosa Zibell:

Waukesha Free Clinic has been providing services for 47 years. It is located at 237 Wisconsin Avenue in Waukesha. The clinic is housed in the upper level of a building owned by Carroll University. It has 4 exam rooms and consists of many volunteer medical staff including nurses, students, and supervising medical directors. It is open 9-5 on weekdays, with clinics at night on Mondays and Thursdays. The Waukesha Free Clinic has a pharmacy and can provide prescriptions to patients (no narcotics), as well as COVID-19 testing. The patient population is mostly adults. The clinic also provides free supplies to the community such as apparel, hygiene products. Looking to hire an outreach nurse to work on outreach efforts, such as with homeless populations. A future goal is to have mental health services to help provide holistic care. Many times, Waukesha Free Clinic staff serve as care managers for patients, providing care and referring them to other services as well.

Agency Updates:

ADRC, Katie Riemenschneider: Senior Farmers Market vouchers are still available; can distribute until the end of September and recipients can use until the end of October. Eligibility is 185% of the poverty level for those 60 yrs older (55 if Native American). Amount is \$25 (five \$5 vouchers). Still looking to hire a part-time sub position for senior dining sites and a regular senior dining position. Looking for volunteer drivers for the Meals on Wheels program. Hiring will help them to open other congregate meal sites.

Community Smiles Dental, Elizabeth Sheehan: Assisting kids and adults with access to dental care. Additional dentists have allowed for more access, more appointments for clients. Open position for a program outreach coordinator; this person will probably attend the WCNC meetings in the future.

UW-Madison Division of Extension-FoodWise, Jill Herz & Katy Maas: Wrapping up summer youth programming in partnership with Parks and Rec. Offering a new teen curriculum called Around the Table, which has a mindfulness /trauma-informed focus in addition to nutrition content. Have taught adult and teen garden programs in partnership with Extension horticulture and community development educators. Many new senior programs in partnership with Lutheran Social Services- both Strong Bodies strength-training and nutrition education. Hired a new nutrition educator August 1. Continuing to outreach to parents, specifically a curriculum for parents with young children. Continue to offer virtual series. Planning for the new fiscal year, which starts in October. Working on planning new programming at the Library and with Habitat for Humanity.

Waukesha Public Library, Olivia Langby & Paula Mason: Wrapped up summer programs and are now planning for fall. Just finished renovation- including a demo kitchen- and hoping to continue to add programming. Library programs include: Memory Café- for adults suffering from memory loss/dementia; children's programming; film and book discussions; speaker series on a different theme each month. Planning a program around food security and justice for January. Hope to continue to build relationships with agencies, and always looking for speakers.

WIC, Lisa Topp: Seeing a good amount of new clients or returning clients that are reapplying. The in-person waiver is applicable until January. Seeing more people in person, especially those needing lead testing before going back to school. Continuing to do farmers markets checks before the end of September. Increased fruit and vegetable dollar amount for participants; hopefully this will be a permanent increase. Their full-time dietitian for 25 years just retired. Just hired a new part time person plus a part time administrative staff.

Eras Senior Network- Judith Amorsen: Have recently seen a dip in volunteer drivers. Eras provides shopping services for clients, so it has been a struggle finding drivers for that. The food pantry helps a lot, so clients can have a way to receive food. Looking for a volunteer coordinator.

Eagles Wing Free Clinic, Judy Wachowiak: The clinic has been open almost 10 years. See 10-15 patients per month in southwestern Waukesha County. Located in Mukwonago. Looking for options for providing nutrition care and information for them to eat healthfully, for whatever their conditions are (e.g. early stage kidney disease).

Food Pantry of Waukesha County- Michael Egly: The pantry has been busy this summer. Seeing increases in new people coming in and return clients. Staff changes as well: New volunteer coordinator and a new client services staff person. FoodShare Outreach Coordinator has been sharing resources and information in the community. Pandemic FoodShare has been extended again thru the beginning of January. FoodShare benefits are now tied to some inflation measures, so the minimum will also increase by 23%. The pantry currently has 3 service methods: make appointments, indoor shopping, and express drive thru.

[Question from Lisa Topp: Has the food pantry been able to keep a supply of formula? Michael: Yes. Although specific brands, specific diets are more challenging. "A.R." formula types are hard to find. They can go out and purchase specific formulas. Lisa: At WIC, the current formula guidelines go through the end of September; clients have gotten used to the freedom of trying different brands.]

Waukesha Free Clinic, Rosa Zibell: Skin cancer screening on Sept 27 provided by ProHealth dermatologists- need to be registered. Free to the community. See brochure for dates and phone numbers (brochure distributed). Will be hosting flu clinic at beginning of October. Encouraging covid boosters; can provide \$50 gas card if they have vaccine card. Starting to see monkeypox cases (2 cases at clinic), so it is starting to spread in Wisconsin. No treatment, but you can get vaccinated if high risk- free vaccines available in Kenosha. Waukesha Food Pantry has been helping provide food for patients. Just finished up an Extension FoodWise nutrition class; clients are appreciating these series.

Reminder: 2022 Meetings: February, April, June, August, October
Next Meeting: October 25, 2022 at 9AM
Location TBD